



TAYLOR TIDBITS

Taylor Regional Hospital Celebrates Breast Cancer Awareness Month

October is Breast Cancer Awareness Month! So, from the 1st to the 31st "Think Pink". This is the busiest time of the year for getting a mammogram. Please make your appointment early, don't wait until the last minute. Call the x-ray department at 478-783-0288 to schedule your appointment. You don't need a doctor's order for a routine screening mammogram. However, we do need a doctor on file to send the report to. We have been providing quality digital mammography since May 2010. Our patient's say they like to come here because it's local, fast and friendly. In appreciation of your patronage we offer a goody bag containing brochures, mints and various breast cancer awareness and Taylor Regional Hospital items.

One in eight women will have breast cancer in their lifetime. Early detection is key in the prevention and treatment of breast cancer. So take care of yourself. Use the buddy system to remind friends and family to perform monthly self-breast exams. Have your doctor perform a clinical breast exam every 3 years prior to age forty and every year after forty. Have yearly mammograms starting at age forty and continue to have them as long as you are in good health.

If you are looking for an event to participate in to support breast cancer awareness, The Race for the Cure, is scheduled for Saturday October 19th, 2013 in Byron GA. You can find information and register online at www.komencentralga.org. Also check out your local Relay for Life event. Taylor Regional Hospital has a team every year. We sponsor many fundraisers for the American Cancer Society.

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